



**Inclusive Futures**

Promoting disability inclusion



**UKaid**  
from the British people

# Information about people with disabilities and older persons



**Easy read booklet Issue**



# Who we are



We are Social Development Direct.



We give advice to people working on **International Development** on how to include all people, such as women and people with disabilities



## **International Development**

supports people around the world who do not have enough access to the things they need.



We work with other groups to run the Disability Inclusion Helpdesk.



This booklet is part of the **15<sup>th</sup> Helpdesk Evidence Digest**. It focuses on ageing.



Please look at the full report for links to documents or for more information.

Sometimes we need to use new or difficult words. These words are in **bold**. There is a list of what they mean at the end of the document

# Discussion about people with disabilities and ageing



We spoke to Alison Marshall and Kayla Arnold who work for Age International, and Kayla Arnold who works for HelpAge.



These are two charities that work on wellbeing for older people.



Alison told us that people are living longer.



Older people often face a lot of barriers to healthcare:



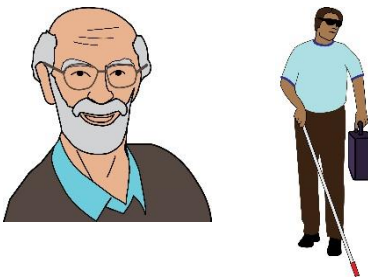
- They have to travel too far to see a doctor
- Health facilities might not be easy to get into or move around in



- In emergencies, like floods, older people are sometimes left behind when other people run away.



Older people are more likely to have a disability.



But organisations usually think about older people and people with disabilities separately.



Organisations need to think more about older people with disabilities.



Age International and HelpAge work with **organisations of people with disabilities** to make sure older people with disabilities get the help they need.

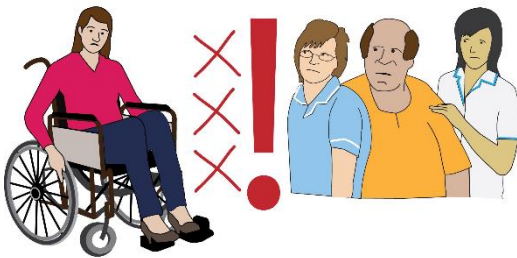
# Evidence and guidance on people with disabilities and ageing



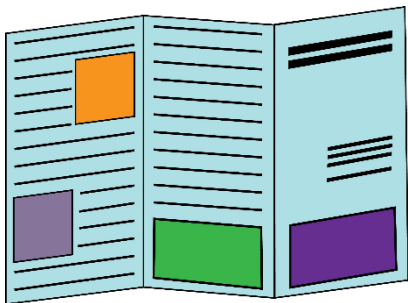
**Research** found that there have not been many studies about how older people and people with disabilities are included in **humanitarian assistance**.



People are learning how to collect more **data** in **humanitarian assistance** to help older people and people with disabilities.



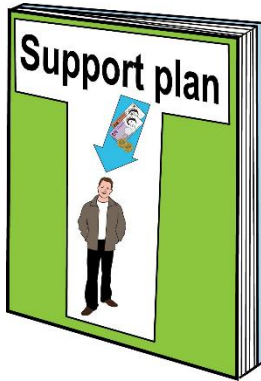
Older people with disabilities are at risk of enjoying life less than older people without disabilities.



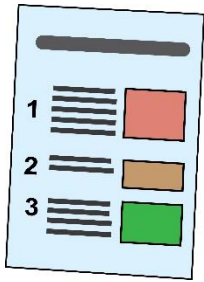
**Organisations of people with disabilities** have made guides to help include people with disabilities in **humanitarian assistance**.



People with disabilities are often not included when planning how to respond to **natural disasters**.



**Research** in Malawi found that after a **natural disaster**, older people and people with disabilities needed extra help from the government.



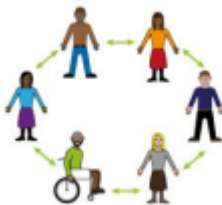
# What do these words mean?



**Data** is information about the number of different things, such as the number of people with a disability.



**International Development** supports people around the world who do not have enough access to the things they need.



**Organisations of people with disabilities** work around the world and support people with disabilities to live good lives.



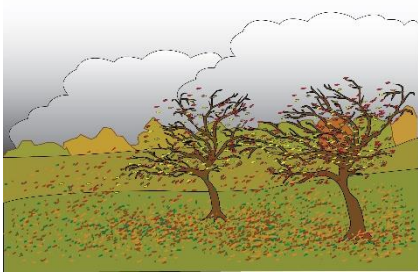
**Research** is about finding lots of information about a specific thing and bringing it all together.



**Humanitarian assistance** is emergency help for **civilians** when there is a conflict.



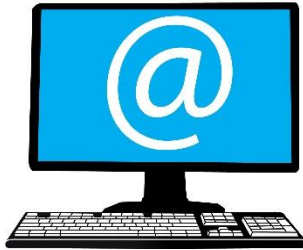
**Civilians** are people who do not take part in fighting.



A **natural disaster** is a sudden and terrible event in nature, like a flood or hurricane. It might cause serious damage and deaths.



# Contact us



If you want to talk to us send an email to this address  
**enquiries@disabilityinclusion.org.uk**

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**People  
First**



Images used in this document come from the People First (Self Advocacy) Picture Bank

Disability Inclusion Helpdesk, February 2021	
Evidence digest focus issue: Social Protection and Disability Inclusion	
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The full version of this document is called **Evidence Digest: Disability Inclusion and Older Persons**